

Supporting Families and Children in Hospital in Qatar

Amal Khidir, MBBS, FAAP
Associate Professor, Pediatrics



Weill Cornell
Medicine-Qatar

The Unspoken Need



Open Online Access

Core Principles of Family-Centered Care

“..is grounded in collaboration among patients, families, physicians, nurses, and other professionals.”

- Respect
- Empowerment
- Building on strength
- Supporting flexibility
- Recognizing diversity
- Ensuring support: Formal or informal
- Providing honest and unbiased information

Outcomes of Family-Centered Care

- Less anxiety
- Less need for pain medications
- Better coping during procedures
- Better adjustment to hospitalization
- Faster recovery and earlier discharge
- Increased parent/patient's confidence and problem solving

Outcomes of Family-Centered Care

- Highly valued by staff
- Fewer re-hospitalization
- Decrease in health care cost
- Less likely to initiate lawsuits
- Decrease in maternal anxiety
- Patients and families satisfaction
- Decrease in missed appointments
- Positive change in medical student's perception

Outcomes of Family-Centered Care

- Effective communication
- Improved decision making
- Enhanced learning environment
- Implementation and compliance
- Enhanced professional satisfaction
- Stronger alliance in health promotion
- Efficient and effective use of time and resources

Family-Centered Care: Health Provider's Role

- Examine systems of care
- Incorporate it in professional practice
- Share information with patients and parents
- Convey respect for parent/guardian's insight
- Promote patient's active participation in management
- Take into account the patient's right for privacy and confidentiality
- Offer parents/guardians the option to be present during procedures

Family-Centered Care: Health Provider's Role

- Invite families to collaborate in research
- Provide education and training about family-centered care
- Make the expectation for collaboration with patients explicit
- Ensure appropriate reimbursements for family-centered care
- Research implementation and outcomes of family-centered care
- Encourage and facilitate family to family support and networking
- Create opportunities for children and families to serve as advisors
- Advocate for children and families to participate in design planning

References

- American Academy of Pediatrics. Committee on Hospital Care. Family Centered Care and the Pediatrician's Role. *Pediatrics*. 2003;112:691-696.
- LaRosa-Nash PA, Murphy JM. An approach to pediatric perioperative care: parent-present induction. *Nurs Clin North Am*.1997;32 :183– 199
- Ainbinder JG, Blanchard LW, Singer GH, et al. A qualitative study of parent to parent support for parents of children with special needs. Consortium to evaluate Parent to Parent. *J Pediatr Psychol*.1998;23 :99– 109
- Blesch P, Fisher ML. The impact of parental presence on parental anxiety and satisfaction. *AORN J*.1996;63 :761– 768
- Wolfram RW, Turner ED. Effects of parental presence during children's venipuncture. *Acad Emerg Med*.1996;3 :58– 64
- Singer GHS, Marquis J, Powers LK, et al. A multi-site evaluation of parent to parent programs for parents of children with disabilities. *J Early Intervent*.1999;22 :217– 229
- Shelton TL, Stepanek JS. *Family-Centered Care for Children Needing Specialized Health and Developmental Services*. Bethesda, MD: Association for the Care of Children's Health; 1994
- Fina DK, Lopas LJ, Stagnone JH, Santucci PR. Parent participation in the postanesthesia care unit: fourteen years of progress at one hospital. *J Perianesth Nurs*.1997;12 :152– 162
- Wolfer J, Gaynard L, Goldberger J, Laidley LN, Thompson R. An experimental evaluation of a model child life program. *Child Health Care*.1988;16 :244– 254
- Ireys H, Chernoff R, DeVet KA, Kim Y. Maternal outcomes of a randomized controlled trial of a community-based support program for families of children with chronic illnesses. *Arch Pediatr Adolesc Med*.2001;155 :771– 777
- Powers KS, Rubenstein JS. Family presence during invasive procedures in pediatric intensive care unit: a prospective study. *Arch Pediatr Adolesc Med*.1999;153 :955– 958

**We are
stronger
together**



Thank You

Open Online Access